

PARK EVENTS



Discover the history of Sutton's Parks – see poster for more details

SUTTON PARKS: SUMMER 26

New Friends of Roundshaw Open Space



Support the new Friends Group, and help make a difference to this beautiful green space.

Email:

friendsofroundshawopenspace@gmail.com

Sutton Parks Map



[Park Map](#) now live! Shows locations of; parks, nature reserves, allotments as well as playgrounds, skateparks, volunteering and more!

Environmental Education & Family Fun



Sutton is lucky to have [Sutton Ecology Centre](#) – a dedicated space for school learning and family activities in the school holidays!

Sutton Parks

Landscape Artist of the Year

COMPETITION 2026

**PRIZES
FOR
WINNERS**

Art by Elizabeth Parry

OAKS PARK SAT 4 JULY

QUEEN MARY'S PARK SUN 30 AUG

SEARS PARK SAT 18 JULY

CARSHALTON PARK SAT 5 SEPT

MANOR PARK SAT 25 JULY

POULTER PARK SAT 19 SEPT

BEDDINGTON PARK SAT 22 AUG

THE GROVE SUN 27 SEP

- Free to enter, no booking required, 11am–2pm
- Categories: 3–10 years/ 11–16 years/ Adults
- See terms and conditions for entry:
www.sutton.gov.uk/-/suttonparksfestival



Fidelity
INTERNATIONAL



Friends of Sutton

Ecology Centre



SUMMER GARDEN *Party*

CHILDREN'S NATURE ACTIVITY AND
CRAFTING  FACE PAINTING
STORYTELLING FOR CHILDREN
PLANTS STALLS  DANCE  MUSIC
REFRESHMENTS

SATURDAY | JULY 4TH | 11AM - 4PM

 **SUTTON ECOLOGY CENTRE, FESTIVAL WALK,
CARSHALTON**





Friends of Sutton Green



Sutton Green Family Fun Day

Sunday 5th July 2026 12 noon – 4 pm

A great fun day out for family & friends featuring



Face painting

Circus skills workshop

Bouncy Castle

Dance displays

Raffle

Tombola

Hook a Duck

Pluck a chicken

Craft stalls

Jenny the Giraffe

And plenty more.....

Free entry & most activities free or just 20p a go!

Cash & contactless accepted

Sutton Green Café will be open for drinks & snacks



summer fete book

Wellbeing in nature

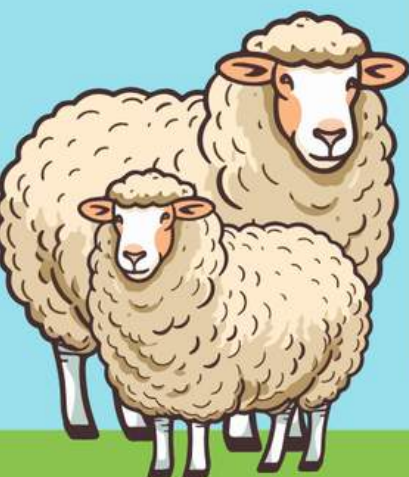
Saturday 11 July
11am to 2.30pm

Poulter Park, SM5 1EE

FREE



Live music



Timetable of activities

11am	Breathwork with Ishani
11.30am	Gentle Pilates Flow 🌿 with Dani
12pm	Wandle history walk with John
12.30pm	Qigong with Michelle
1pm	Gentle Pilates Flow 🌿 with Dani
1.30pm	Qigong with Michelle
2pm	Woodland Wander with Johnathon



Book free sessions online using this QR code or email:
poulterparkrevesbywoodfriends@gmail.com
 to find out more



For more information visit: poulterparkrevesbywoodfriends.org

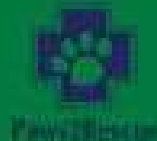
Village Fete

FEATURING THE MANOR
PARK DOG SHOW

SATURDAY 11TH
JULY 2026

11 AM TO 4 PM
MANOR PARK,
SUTTON, SM1 4BF

www.suttonnewtown.com



SPONSOR

SUTTON
PHARMACY

SUTTON PARK HISTORY WALKS

POULTER PARK - Saturday 11 July, 12-1pm

River history walk looking at the industries and stories that shaped our section of the River Wandle. Led by John Sheridan.

OAKS PARK - Wednesday 19 August, 7-8pm

An antiquarian exploration of Oaks Park. Looking at the site of the Earl of Derby's house and its setting in the park.

Led by John Phillips.

BEDDINGTON PARK - Sunday 23 August, 2-3pm

An antiquarian exploration of Beddington Park and The Grange. Looking at the history of this former Tudor deer park and also the elaborate Victorian and early 20th century garden at The Grange.

Led by John Phillips.

GROVE PARK - Monday 24 August, 7.30-8.30pm

The Grove is Sutton's premier historic Park landscape in public ownership, with Stone Court at its centre. Led by Andrew Skelton on behalf of the Friends of Grove Park.

SEARS & QUARRY PARK - Sunday 6 September,

2-3pm A linear walk along Love Lane between Gander Green Lane and Cheam Library, looking at the landscape, including the open spaces at Quarry Park and Sears Park. Led by Andrew Skelton.

Free! Book your space...

Email: dawn.fielding@sutton.gov.uk

or Tel: 07921 025197

Walking for Wellbeing



A gentle group walk to support your wellbeing, meet new people and enjoy the outdoors.



Every second Wednesday
of the month



11 am



45 minutes



Meeting by St Mary's Church



CAR PARK: Beddington Park East Car Park

BUS: Church Road Stop GT/Stop GS



410



407



463



633



Scan the QR code
to find out more
and sign up!

OR



Call us to
sign up:

0203 513 4044



A simple step for
your health and
happiness.



Mindfulness



Grounding



Connection



SUTTON ECOLOGY CENTRE SUMMER HOLIDAY ACTIVITIES



POND DAY

27 JULY

Pond dipping, discover who stays all year in our pond, and who flies away! Suggested suitability: 5yrs+

FLOWER FAIRIES TRAIL

28 JULY

Follow the trail to hunt for enchanting 'Flower Fairies' and the flowers and trees they belong to. Suitability: 3yrs +

BUMBLEBEE SAFARI

3 AUGUST

Go on a bumblebee safari and uncover why these furry pollinators are so important. Suggested Suitability: 7yrs+

INCREDIBLE INSECTS

4 AUGUST

Meet stick insects from around the world, hunt for insects and make your own stick insect. Suggested Suitability: 3yrs+

AMAZING ANTS

24 AUGUST

Meet living ant colonies, discover their superhero like abilities. Hunt for ants and make a craft. Suggested Suitability 3yrs+

SUMMER SENSES

25 AUGUST

Discover nature through sight, smell, touch and listening. Make a delicious summer salad. Suggested Suitability 3yrs+



Booking essential: sutton biodiversity event series
<https://events.sutton.gov.uk/series?sn=biodiversity+event>

for info email
biodiversity@sutton.gov.uk



STAND UP AGAINST

Park Harassment



**Get training in the 5D's to
intervene safely:**

**Distract
Delegate
Document
Delay
Direct**

Create a diversion to shift attention

Get help from someone else

Record safely but don't post publicly

Check with the person afterward

Speak up if safe to do so

BOOK HERE



**WEDNESDAY 15TH JULY,
4.30PM TIL 5.30PM.**



"Stand Up Against Street Harassment" bystander methodology should only be used after undertaking training, so it can be effectively applied. Your safety is paramount; act only if you feel confident and safe. The Suzy Lamplugh Trust does not guarantee that its training alone ensures safe systems of work or operation. Users must comply with health and safety legislation and common law duties.



**Click here to find
information for
all Sutton Park
Friends
Groups**

**NEW
GROUP!**

FRIENDS OF ROUNDSHAW OPEN-SPACE

**Work with all those who use the park,
to improve it for people and wildlife**

Support Roundshaw Open Space

**Interested in getting involved? Then please get in touch.
We'd love to hear from you!**

Email: friendsofroundshawopenspace@gmail.com

Learn the gardening essentials

**10 Classroom Sessions
+
1 Practical Workshop**

**FREE HORTICULTURAL TRAINING
FOR PEOPLE WANTING TO IMPROVE
THEIR LOCAL PARK, HIGH STREET OR
GREENSPACE IN SUTTON**



Wednesdays 10am-12pm
Beddington Park, SM6 7NN
Starting date 23 September 2026

For more information:
E: dawn.fielding@sutton.gov.uk
or T: 07921 025197



GROWING FOOD FOR WELLBEING!!

Discover how to grow your own food at home, whether you have a garden or just a windowsill.

Join this **FREE 5-week Community course** for wellbeing if you have high blood pressure, T2 diabetes, or another long-term condition.

**Mondays from
20 July – 24 August
9 am to 12 noon**

At the Garden Hall
and Walled Garden
at **Eco Local**
(free parking)

The Lodge,
Honeywood Walk
Carshalton SM5 3NX



Get a **free pack of gardening gear** to get you started, when you attend!



Enrol via email
**publichealth@
sutton.gov.uk**
or at this **QR code:**



Manor Park Community Garden

Have Your Say



We're exploring the idea of creating a community garden in Manor Park - a green space for gardening, relaxing, picnics, and supporting wildlife, and we'd love your feedback.

**What would you like to see there?
Would you be interested in
volunteering, either regularly or at
occasional drop-in sessions?**

Together, we can create a space that brings people closer to nature and each other.

We look forward to hearing your ideas!

**Scan the QR code to answer a few quick questions or
email for more information:**

ecoanna@btopenworld.com