

Welcome to the latest edition of the Beddington Park Newsletter.

Read on for an update on the HLF project, what's been happening and what's to come.

HLF Project Update



The end is in sight!

There's still plenty to happen in the park, but significant progress has been made and a number of project elements are complete or near completion.

The lake contractors are expected to finish on site by the end of the month now that dredging and replacement of the timber edges are almost complete. A reminder that the removed silt will remain in situ in the drying sites whilst it dries and will then be used for landscaping later in the year. Similarly the lake islands are still to be planted, but the silt requires some further drying out before this work is completed.



Hopefully you have seen that the new orchard trees and pear tree walk have been planted and look great! Wildflower

seed will be sown around the orchard, which is why the fencing remains in place, to protect this ground whilst it becomes established.



The playground is looking really exciting! You can see signs of most of the new equipment now, either installed or part installed, and the new water play area being formed (pictured). We continue to push for completion in time for the Easter Holidays, weather permitting.

There has been further landscaping park-wide including planting at entrances and new trees, plus building work such as the newly repaired brick pillars at the end of Church Road.

Visit www.sutton.gov.uk/parks for more details on the project.

Get involved



The Great British Spring Clean

The Rotary Club return to take part in the Great British Spring Clean next month. This is always a really fun session that makes a massive difference to the park. People of all ages are welcome. Have fun seeing how much litter we can collect in a bid to make our park clean and safe for wildlife. Equipment and refreshments are provided, with thanks to the Friends of Beddington Park. Let's see if we can beat the 60 volunteers of last time! **Sunday 25th March, 11am.** *Please note the change of date, this was originally scheduled for the 11th.* Meeting place TBC.



Community Tree Planting Day

Following a successful planting day on the 24th Feb (285 trees planted!) we will be running a second community tree planting day on **Sunday 18th March**. All you need to do is meet the planting team outside the Pavilion Café at **10.30am**, in suitable shoes and clothes for working in muddy areas. So join us for some planting fun! Email

sarah.price@sutton.gov.uk for more info.



What else has been happening in the park?



Sherwood Park, DofE Volunteers

We have been really lucky to have students from Sherwood Park carrying out regular volunteering in the park, as part of their gold Duke of Edinburgh award!

Max, Thilakshan, Jess and Nikhil have been doing a tremendous job carrying out a range of activities, and in some horrible weather too! Well done all and thank you so much for your help and hard work.



Tree Wardens

The Beddington Park Tree Wardens have been hard at work on a number of projects in the park. They have been supporting the Tree Officers by plotting and recording the newly planted trees (really important for future maintenance and care!) and they have been working hard on two tree trails. One is online through an app called TICL. This great trail guides you straight to each tree and tells you more about them. They have just set this up so keep an eye on it as more trees are added:

<https://ticl.me/Sutton/headlines/13431/view>

They are also hard at work on a physical tree trail leaflet, highlighting some of their favourite trees in the park. This will be printed later in the year.

If you would like to join the Tree Wardens then contact Sarah, sarah.price@sutton.gov.uk, to find out more.

Pavilion Café Activities

It's not just the park with increased activities on offer, the Café now offers a whole programme of activities, for different ages, from Krafty Kids Club to Budding Artists for Adults. Be sure to drop into the Café to find out more.

Events – a highlight of upcoming activities & events



For more detailed information on any events please see our latest *What's On* guide or contact sarah.price@sutton.gov.uk

Regular Exercise Opportunities

Mondays

Forever Fit gym sessions, 11.15am, Meet outside the Pavilion Café. Free. For 50+

Fridays

Melanie's Walks, 10am, outside St. Mary's Church. Free.

Nordic Walking, 1pm, outside the Pavilion Café. £3

Saturdays

Bootcamp classes, 9am. Free. Booking required through www.ourparks.org.uk

Every third Saturday

CTC led beginner's cycle ride through the park and surrounding area. Meet 2pm, outside the Pavilion café. Free.

Spring Lecture Series

The spring lecture series closes with something a bit different. Sports scientist Karen Savage presents *How to use your Park to improve your Health and Wellbeing*. If you've been thinking you ought to get some exercise, but want flexibility and independence, be sure to book into this fun and interactive talk.

Tuesday 3 April, 7.30pm, St. Mary's

Booking is essential. Call **020 8770 6060** or email **Sarah (above)** to book.

Easter Holiday Activities

Xplorer

Explore the park and use a map to hunt for the hidden, Easter themed markers. A great event for children & families. Starts by the *Pavilion Café*.

Tuesday 3 April, 11am – 1pm, drop-in

Folklore Flower Trail

Celebrate National Gardening Week by exploring *The Grange Garden*. Complete the flower trail and discover some folklore facts along the way.

Tuesday 10 April, 11am – 1pm, drop-in

Nature Faces

Collect natural materials and create fun portraits on card. Get outdoors and get creative! By the *Pavilion Café*.

Thursday 12 April, 11am – 1pm, drop-in

Dovecote Opening

The dovecote will be open to the general public for viewing this March. Drop-in to see inside this amazing Scheduled Ancient Monument. If you've always wondered what it is, and wished you could see inside, this is the perfect opportunity!

Saturday 17 March, 10am – 1pm.