

# Beddington Park

SUMMER 2018

## WHAT'S ON GUIDE

MAY – AUGUST 2018

# Welcome to the summer “What’s On” Guide for Beddington Park

All the information on activities and events supported by Sutton Council and the Heritage Lottery Fund (HLF) project.

With summer upon us the HLF physical works are reaching an end. This period should see most work complete with just small bits happening to repair the ground and complete landscaping. It has been a long, and at times messy, process! We really appreciate your patience and support and hope that you can enjoy the park blossoming and springing to life this summer.

There will be lots of activities for you to look forward to. Walks, talks, children’s holiday crafts and bigger events such as The Big Beddington Park Lunch and performances of A Midsummer Night’s Dream in the park! So read on for more details of what’s happening from May to August this year.

## Contact details

 [www.sutton.gov.uk](http://www.sutton.gov.uk)  
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Beddington Park  
Church Road  
Wallington  
SM6 7NN

Beddington Park is maintained by Idverde UK on behalf of Sutton Council.

# Regular weekly activity

## Mondays 10am

- △ **Forever Fit Walk**  
A healthy walk aimed at those aged 50+. Part of the Get Active Wandle Valley Programme.

FREE

Meet outside the Pavilion Café.

## Mondays 11.15am

- △ **Forever Fit Gym session**  
Gentle, low impact exercise class to improve strength and mobility. Aimed at those aged 50+. Part of the Get Active Wandle Valley Programme.

FREE

Meet outside the Pavilion Café at 11.15am.

## Fridays 10am

- △ **Melanie's Walks**  
A 60 minute walk in and around Beddington Park, with the option of tea in the church hall afterwards. Part of the Get Active Wandle Valley Programme

FREE

Meet outside St. Mary's Church, Church Road.

## Fridays 1pm

- △ **Nordic Walking**  
A fantastic full body work out, Nordic Walking uses specifically designed poles that assist you in walking faster with better posture whilst taking the strain off of your joints.

£3 per session

To participate call 020 8770 6953 or email [communityhelpers@ageuksutton.org.uk](mailto:communityhelpers@ageuksutton.org.uk).

## Saturday 9am

- △ **Bootcamp**  
Get your weekend off to an active start with these bootcamp sessions from Our Parks.

FREE

To book a class visit [www.ourparks.org.uk](http://www.ourparks.org.uk) and select classes in Beddington Park.

## Saturday 11am

- △ **Golf in the Park**  
Join Community Golf every Saturday, anytime between 11am and 1pm, for some introductory golfing fun for all the family (including grandparents!). Part of the Get Active Wandle Valley Programme.

FREE

Find the team by the Children's Playground.

## Monthly activity

### Every Third Saturday, 2pm Cycle Ride

Join Sutton CTC on their beginners cycle ride. An easy cycle ride starting from Beddington Park and exploring the surrounding area.

Rides last 2-3hrs.  
FREE

Meet outside the café at 1.45pm for a 2pm departure.



## Sunday 6th

### Dovecote open morning

*FREE ADMISSION • 10am – 1pm*

Ever wondered about this brick octagonal building in Beddington Park? Now's your chance to see inside this 18th century architectural gem complete with original pigeon nest boxes and revolving ladder used for raiding them. Trail sheets for children are available inside.

## Monday 7th

### May Fayre

*FREE ADMISSION • 11am – 4pm*

The Rotary Club return with the annual Beddington Park May

Fayre. There will be plenty of entertainment on hand with the crowning of the May Queen, a dog show, arena displays and more. Plus a range of stalls to visit for shopping, refreshments, and fun, traditional activities. Don't miss out on this great annual family event.

## Tuesday 29th

### Xplorer

*FREE • 11am – 1pm*

*Starting by the Pavilion Café.*

Half-term Xplorer challenge - explore the park and hunt for the themed markers. Collect a map and complete the challenge as fast as you can! A great event for children & families.

## Thursday 31st

### Scavenger Hunt

*FREE • 1pm – 4pm*

Get hands on with nature this summer half-term with this self-led family fun scavenger hunt. Grab a starter pack from scavenger "HQ" outside the Pavilion Café between 1pm and 4pm and get hunting!

## A Midsummer Nights Dream Arts and Crafts Workshops

Come dream with SAVVY Theatre Company's A Midsummer Nights Dream inspired arts & crafts workshops, led by local artist Samia Tossio. Workshops are free and suitable for all ages. No booking required, just turn up. Parent/guardians are responsible for all children taking part.

### **30th May, at the Pavilion Cafe. 10.30am – 12.30pm. Twirling Ribbon Sticks & Wands.**

Collect sticks and transform them in this fun workshop for little fingers.

### **3rd June, part of the The Big Beddington Park Lunch. 11am – 1pm, Painted Pebbles. 2pm – 4pm, Dream Catchers.**

Help create magic by painting pebbles & making dream catchers that will become part of the Dream set – performances in the park in June!

### **17th June, in the Grange Garden. 11am – 1pm, Fairy Doors. 2pm – 4pm, Clothes Peg Fairies & Elves.**

Celebrate Father's Day by helping to create Fairy Doors, Clothes Peg Fairies & Elves that will pop-up throughout the park in the lead up to SAVVY Theatre's production of A Midsummer Nights Dream.



## Sunday 3rd

### The Big Beddington Park Lunch

*FREE • 11am – 4pm*

Take part in a traditional park favourite in this big community picnic event in celebration of the national Big Lunch! Enjoy classic park fun including group sports with Be Epic, art workshops by SAVVY Theatre Company and other activities delivered by our local community partners! Fun for all the family! Visit The Big Beddington Park Lunch Facebook page for more detailed information.

## Monday 4th

### Lecture Series talk – Roses Grow on You!

*FREE • 7.30pm*

*St. Mary's Church Centre, SM6 7NJ  
Booking required – 020 8770 6060*

An opportunity to learn more about that quintessentially

English flower – the rose. Delivered by Ian Hudson, formally Garden Manager for the Royal National Rose Society and past Parks Supervisor for Beddington Park.

## Sunday 10th

### From Kilburn's works to Butter Hill Bridge – a guided walk

*£3.50 (£3 for Friends of Beddington Park). 2pm.  
Meet outside The Grange Restaurant  
Call 020 8770 4297 to book*

A linear walk, led by Andrew Skelton and John Phillips, ending at the bridge over the Wandle at Mill Lane. Discover the industrial and landscape history of London Road and Butter Hill and learn about William Kilburn's late 18th century print works.

## Sunday 17th

### Summer tree Identification – a guided walk

*FREE • 2pm*

*Booking required – 020 8770 6060*

Council Officer Sarah Price will lead a walk through Beddington Park teaching ID techniques for many of the common trees found there. Ideal for beginners. Please wear comfortable walking shoes. Walk will last approximately 1.5hrs.

## A Midsummer Nights Dream

**Friday 22nd June, 7pm**

**Saturday 23rd June, 2pm and 7pm.**

**Sunday 24th June, 5pm**

*Tickets £15*

This June, Savvy Theatre Company presents A Midsummer Night's Dream – a promenade performance through Beddington Park! Be sure to book quickly, by visiting [www.savvytheatre.co.uk](http://www.savvytheatre.co.uk)

Limited tickets are also available for their preview on Thursday 21st June (£5), plus, watch out for opportunities to catch rehearsals in the park!



## Monday 9th

### Lecture Series talk – The Calico People

*FREE • 7.30pm*

*St. Mary's Church Centre, SM6 7NJ*

*Booking required - 020 8770 6060*

Did you know that the Grange Garden was originally a site for calico bleaching? This talk, by Mick Taylor of the Wandle Industrial Museum, offers a fascinating look at the rise and fall of the River Wandle's Calico industries, and the people associated during its 300 year history.

## Sunday 14th

### Plants in Folklore – a guided walk

*FREE • 10am*

*Booking required – 020 8770 6060*

Council Officer Sarah Price and volunteer Tree Warden Alan Green lead a walk full of superstitions and tales. Discover historical and present folklore associated with many of the common plants in the park. Please wear comfortable walking shoes. Walk will last approximately 1.5hrs.

## Sunday 22nd

### Dovecote open morning

*FREE ADMISSION • 10am – 1pm*

Another opportunity to see inside this 18th century architectural gem complete with original pigeon nest boxes and revolving ladder used for raiding them. Trail sheets for children are available inside.

## Sunday 22nd

### From Victorian Garden to Public Park – a guided walk

*£3.50 (£3 for Friends of  
Beddington Park). 2pm.*

*Meet by The Grange Play Centre,  
London Road Car Park.*

*Call 020 8770 4297 to book.*

A walk around the Grange looking at the history of the Victorian garden created by Alfred Smee and the present restoration as part of the Beddington Park Heritage Lottery Fund project.

## Tuesday 24th

### Drop-in Kids' Club

*FREE • 11am – 2pm*

*by the Children's Playground*

In our first weekly Kids' Club drop-in, create a pipe cleaner dragonfly and learn more about dragonflies and damselflies – do you know the difference?! Please note children must remain accompanied by an adult. Ideal for 5-11 year olds, but all ages welcome.

## Thursday 26th

### Xplorer

*FREE • 11am – 1pm*

*Starting by the Pavilion Café*

Explore the park and hunt for the themed markers. Collect a map and complete the challenge as fast as you can! A great event for children & families.

## Tuesday 31st

### Drop-in Kids' Club

*FREE • 11am – 2pm*

*Self-led. Sheets available from the  
Pavilion Café*

Pick up an insect activity sheet from the Pavilion Café and set off on a self-led bug hunt! Lift some logs, search in the trees and check in the grass and see how many you can find! Ideal for 5-11 year olds, but all ages welcome.



## Tuesday 7th

### Drop-in Kids' Club

*FREE • 11am – 2pm  
by the Children's Playground*

Create your own mini trees using bark rubbings and leaves then head out with a self-led trail sheet to practice your tree identification skills. Please note children must remain accompanied by an adult. Ideal for 5-11year olds, but all ages welcome.

## Tuesday 14th

### Drop-in Kids' Club

*FREE • 11am – 2pm  
by the Children's Playground*

This week take part in the Big Butterfly Count! Make a butterfly or moth mask and then take an ID sheet out into the park and see how many butterflies you can count! Please note children must remain accompanied by an adult. Ideal for 5-11year olds, but all ages welcome.

## Tuesday 14th

### Lecture Series talk – Urban Birds

*FREE • 7.30pm  
St. Mary's Church Centre, SM6 7NJ,  
Booking required – 020 8770 6060*

Broadcaster and naturalist David Lindo, better known as The Urban Birder, leads this brilliant talk all about birds in the urban environment.

## Thursday 16th

### Xplorer

*FREE • 11am – 1pm  
Start point by the Pavilion Café*

Explore the park and hunt for the themed markers. Collect a map and complete the challenge as fast as you can! A great event for children & families.

## Saturday 18th

### Bat Walk

*£5.50 • 8.20pm  
Visit [www.sncv.org.uk](http://www.sncv.org.uk) or contact  
[biodiversity@sutton.gov.uk](mailto:biodiversity@sutton.gov.uk) for more  
info and to book.*

Join this guided walk with the Sutton Biodiversity Officer to discover more about the bats in Beddington Park and use bat detectors to see if you can hear and spot some!

## Tuesday 21st

### Drop-in Kids' Club

*FREE • 11am – 2pm  
In the Grange Garden*

This week's kids' club takes place in the formal Grange Gardens. Enjoy the flowers whilst creating your own paper flowers and discover more about some of the plants growing there. Please note children must remain accompanied by an adult. Ideal for 5-11year olds, but all ages welcome.

## Tuesday 28th

### Drop-in Kids' Club

*FREE • 11am – 2pm  
by the Children's Playground*

It's story time for the final Kids' Club of the Summer! Create a finger puppet to take part in the story. Drop-in at any time to get making, then join in the story at one of these times: 11.30am, 12.15pm, 1pm and 1.45pm. Please note children must remain accompanied by an adult. Ideal for 5-11year olds, but all ages welcome.

## Volunteer

For more information or to get involved contact [sarah.price@sutton.gov.uk](mailto:sarah.price@sutton.gov.uk)

### Tree Wardens

Love trees? Want to learn more and get involved in monitoring, maintenance and tree planting events? Why not join the Beddington Park Tree Wardens? With regular activities and learning events you can develop new skills and help protect and support our great trees!

### Grange Garden Gardening Group

We're looking for keen, green fingered volunteers to assist with looking after the new flower beds – weeding, watering, pruning, planting etc. There will be training opportunities (internal and external), and support from staff. Having only just started now is a great time to join and learn with the group – no experience necessary! **Every third Tuesday, 10.30am** in The Grange Garden.

### Beddington Park Walking Buddies

Assist local care homes to bring their residents to enjoy this wonderful park by offering an arm to lean on or pushing a wheelchair and providing some conversation! No special skills necessary, just a patient and caring attitude. If you like being outdoors and helping people this is perfect for you.

### Dovecote Volunteers

We are seeking volunteers with a passion for heritage to help with future openings of the Dovecote in Beddington Park. The Dovecote is an amazing Grade II listed structure in fantastic condition internally. We know that the community would love more opportunities to see inside and with your help, we hope to be able to continue opening this magnificent building. Get in touch today for more information.

### Wandle Trust Clean Up event

The Wandle Trust will once again be running their invaluable annual clean-up of the River Wandle, combined with removal of invasive Himalayan Balsam. Date TBC. Please visit [www.wandletrust.org](http://www.wandletrust.org) for more information.

### Friends of Beddington Park

If you're interested in more involvement in the park then why not join the Friends of Beddington Park. For just £5 a year per household you can help contribute towards supporting and protecting the park, by attending Friends' meetings and getting involved in volunteering activities in the park. Contact [chairman@friendsofbeddingtonpark.co.uk](mailto:chairman@friendsofbeddingtonpark.co.uk) today to join!

## Acknowledgements

With thanks to the Heritage Lottery Fund, our volunteers and our many community partners who make these activities and events possible.



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